

**Masterpiece Christian Academy
September 2022 Monthly Menu**

Day	Breakfast	Lunch	PM Snack	Supper
Thursday (1)	Whole Milk,Lowfat Milk,*Bread,Potatoes,Eggs	Whole Milk,Lowfat Milk,*Macaroni and Cheese,Mangoes,Tomatoes,Chicken Breasts	Ritz Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Raisins,Pork & Beans,Beef Franks
Friday (2)	Whole Milk,Lowfat Milk,*Pancakes,Strawberries	Whole Milk,Lowfat Milk,*Rotini Pasta,Grapes,Green Beans,Ground Beef	*Rice Cakes,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Pickles,Tomatoes,Ham (Pork)
Monday (5)	Whole Milk,Lowfat Milk,Waffles,Bananas	Whole Milk,Lowfat Milk,*Macaroni Pasta,Applesauce,Cucumbers,*Corn Dog	Animal Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Raisins,Celery,Ham (Pork)
Tuesday (6)	Whole Milk,Lowfat Milk,*Corn Chex,Apples	Whole Milk,Lowfat Milk,*Corn Tortillas,Lettuce,Pinto Beans,Enchiladas	Pretzels,Apple Juice	Whole Milk,Lowfat Milk,*Shell Pasta,Mandarins,Potatoes,Pinto Beans
Wednesday (7)	Whole Milk,Lowfat Milk,French Toast,Bananas	Whole Milk,Lowfat Milk,Rice,Fruit Cocktail,Mixed Vegetable,Ground Beef,Meatballs	Cheez-it,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Grapes,Celery,Spam
Thursday (8)	Whole Milk,Lowfat Milk,Flour Tortillas,Potatoes,Eggs	Whole Milk,Lowfat Milk,*Penne Pasta,Applesauce,Lettuce,Chicken Breasts,Alfredo	*Goldfish Crackers,Apple Juice	Whole Milk,Lowfat Milk,Flour Tortillas,Apples,Cucumbers,Pinto Beans
Friday (9)	Whole Milk,Lowfat Milk,*Pancakes,Strawberries	Whole Milk,Lowfat Milk,Fideo,Pinto Beans,Carrots,Chicken Drumsticks	Club Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Pears,Corn,Beef Franks
Monday (12)	Whole Milk,Lowfat Milk,*Bread,Apples,Eggs	Whole Milk,Lowfat Milk,*Bread,Potatoes,Corn,Chicken Nuggets	Ritz Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Corn Tortillas,Lettuce,Pinto Beans,Cheese
Tuesday (13)	Whole Milk,Lowfat Milk,Rice Krispies,Strawberries	Whole Milk,Lowfat Milk,*Corn Tortillas,Grapes,Ranch Style Beans,Ground Beef,Fideo	Animal Crackers,Apple Juice	Whole Milk,Lowfat Milk,Rice,Pears,Carrots,Eggs
Wednesday (14)	Whole Milk,Lowfat Milk,*Bagels,Blueberries	Whole Milk,Lowfat Milk,Dinner Rolls,Peaches,Green Beans,Chicken Breasts	Fruit Cocktail,Yogurt	Whole Milk,Lowfat Milk,*Macaroni Pasta,Apples,Cucumbers,Ham (Pork)
Thursday (15)	Whole Milk,Lowfat Milk,Biscuit,Apples	Whole Milk,Lowfat Milk,*Rotini Pasta,Mandarins,Lettuce,Ground Beef	*Rice Cakes,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Grapes,French Fries,Beef Franks
Friday (16)	Whole Milk,Lowfat Milk,*Pancakes,Pineapple	Whole Milk,Lowfat Milk,Rice,Pears,Carrots,Chicken Drumsticks	Raisins,Yogurt	Whole Milk,Lowfat Milk,Flour Tortillas,Apples,Pinto Beans,Cheese
Monday (19)	Whole Milk,Lowfat Milk,*Cheerios,Bananas	Whole Milk,Lowfat Milk,*Bread,Peaches,French Fries,Chicken Nuggets	Animal Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Grapes,Cucumbers,Ravioli
Tuesday (20)	Whole Milk,Lowfat Milk,Waffles,Peaches	Whole Milk,Lowfat Milk,*Spaghetti,Bananas,Mixed Vegetable,Ground Beef	Graham Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Peaches,Cucumbers,Ham (Pork)
Wednesday (21)	Whole Milk,Lowfat Milk,*Rice Cakes,Apples	Whole Milk,Lowfat Milk,Dinner Rolls,Potatoes,Corn,Corn Dog	*Goldfish Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Fruit Cocktail,Celery,Cheese,Grilled Cheese Sandwich

Only 100% juice served.

Whole Milk=1yrs only Lowfat/Skim Milk= 2yrs and over

(*) = Meets Whole Grain Rich Requirement

This institution is an equal opportunity provider.

2022-08-29 02:35:18 pm

**Masterpiece Christian Academy
September 2022 Monthly Menu**

Day	Breakfast	Lunch	PM Snack	Supper
Thursday (22)	Whole Milk,Lowfat Milk,Corn Flakes,Bananas	Whole Milk,Lowfat Milk,*Nachos,Lettuce,Pinto Beans,Ground Beef	Pretzels,Apple Juice	Whole Milk,Lowfat Milk,*Shell Pasta,Apples,Potatoes,Pinto Beans
Friday (23)	Whole Milk,Lowfat Milk,*Pancakes,Strawberries	Whole Milk,Lowfat Milk,Rice,Watermelon,Broccoli,Chicken Breasts	Club Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Applesauce,Celery,Peanut Butter
Monday (26)	Whole Milk,Lowfat Milk,*Wheaties,Bananas	Whole Milk,Lowfat Milk,*Bread,Apples,Corn,Ground Beef,Meatloaf	Graham Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Macaroni Pasta,Apples,Mixed Vegetable,Ham (Pork)
Tuesday (27)	Whole Milk,Lowfat Milk,Flour Tortillas,Pinto Beans,Eggs	Whole Milk,Lowfat Milk,*Bread,Mandarins,Potatoes,Chicken Drumsticks	Whole Milk,Lowfat Milk,Saltine Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Penne Pasta,Grapes,Cucumbers,Cheese
Wednesday (28)	Whole Milk,Lowfat Milk,Rice Krispies,Bananas	Whole Milk,Lowfat Milk,Rice,Cantaloupe,Pinto Beans,Beef Stew Meat	*Goldfish Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Apples,Celery,Cheese,
Thursday (29)	Whole Milk,Lowfat Milk,*Bread,Potatoes,Eggs	Whole Milk,Lowfat Milk,*Macaroni and Cheese,Mangoes,Tomatoes,Chicken Breasts	Ritz Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Raisins,Pork & Beans,Beef Franks
Friday (30)	Whole Milk,Lowfat Milk,*Pancakes,Strawberries	Whole Milk,Lowfat Milk,*Rotini Pasta,Grapes,Green Beans,Ground Beef	*Rice Cakes,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Pickles,Tomatoes,Ham (Pork)

Only 100% juice served.

Whole Milk=1yrs only Lowfat/Skim Milk= 2yrs and over

(*) = Meets Whole Grain Rich Requirement

This institution is an equal opportunity provider.

2022-08-29 02:35:18 pm