

**Masterpiece Christian Academy
October 2024 Monthly Menu**

Day	Breakfast	Lunch	PM Snack	Supper
Tuesday (1)	Whole Milk,Lowfat Milk,*Corn Chex,Apples	Whole Milk,Lowfat Milk,*Corn Tortillas,Fruit Cocktail,Ranch Style Beans,Enchiladas	Pretzels,Apple Juice	Whole Milk,Lowfat Milk,*Shell Pasta,Mandarins,Mixed Vegetable,Cheese
Wednesday (2)	Whole Milk,Lowfat Milk,French Toast,Cantaloupe	Whole Milk,Lowfat Milk,*Bread,Potatoes,Mixed Vegetable,Ground Beef,Meatballs	Cheez-it,Apple Juice	Whole Milk,Lowfat Milk,*Penne Pasta,Broccoli,Carrots,Yogurt
Thursday (3)	Whole Milk,Lowfat Milk,Potatoes,Eggs	Whole Milk,Lowfat Milk,*Macaroni and Cheese,Applesauce,Mixed Vegetable,Fish	*Goldfish Crackers,Apple Juice	Whole Milk,Lowfat Milk,Flour Tortillas,Apples,Cucumbers,Pinto Beans
Friday (4)	Whole Milk,Lowfat Milk,*Pancakes,Peaches	Whole Milk,Lowfat Milk,*Bread,Grapes,Green Beans,Chicken Breasts	Club Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Pears,French Fries,Beef Franks
Monday (7)	Whole Milk,Lowfat Milk,*Bread,Strawberries,Eggs	Whole Milk,Lowfat Milk,*Bread,Potatoes,Corn,Ground Turkey	Ritz Crackers,Apple Juice	Whole Milk,Lowfat Milk,Peaches,Celery,*Chicken Nuggets
Tuesday (8)	Whole Milk,Lowfat Milk,Rice Krispies,Bananas	Whole Milk,Lowfat Milk,*Spaghetti,Grapes,Green Beans,Ground Beef	Animal Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Grapes,French Fries,Beef Franks
Wednesday (9)	Whole Milk,Lowfat Milk,*Bagels,Blueberries	Whole Milk,Lowfat Milk,Dinner Rolls,Applesauce,Broccoli,Chicken Breasts	Graham Crackers,Apple Juice	Whole Milk,Lowfat Milk,Vermicelli,Apples,Cucumbers,Ground Beef
Thursday (10)	Whole Milk,Lowfat Milk,Biscuit,Cantaloupe	Whole Milk,Lowfat Milk,*Nachos,Tomatoes,Pinto Beans,Ground Beef	*Rice Cakes,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Pears,Avocados,Cheese
Friday (11)	Whole Milk,Lowfat Milk,Pancakes,Pineapple	Whole Milk,Lowfat Milk,*Bread,Mangoes,Peas & Carrots,Chicken Breasts	Raisins,Yogurt	Whole Milk,Lowfat Milk,Flour Tortillas,Apples,Pinto Beans,Cheese
Monday (14)	Whole Milk,Lowfat Milk,*Cheerios,Strawberries	Whole Milk,Lowfat Milk,*Bread,Peaches,French Fries,Chicken Nuggets	Animal Crackers,Apple Juice	Whole Milk,Lowfat Milk,Flour Tortillas,Grapes,Pinto Beans,Cheese
Tuesday (15)	Whole Milk,Lowfat Milk,*Rice Cakes,Apples	Whole Milk,Lowfat Milk,*Rotini Pasta,Bananas,Mixed Vegetable,Ground Beef	Club Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Penne Pasta,Cantaloupe,Carrots,Yogurt
Wednesday (16)	Whole Milk,Lowfat Milk,Corn Flakes,Bananas	Whole Milk,Lowfat Milk,Rice,Pears,Corn,Chicken Breasts	*Goldfish Crackers,Apple Juice	Whole Milk,Lowfat Milk,Fideo,Fruit Cocktail,Celery,Ranch Style Beans
Thursday (17)	Whole Milk,Lowfat Milk,*French Toast,Blueberries	Whole Milk,Lowfat Milk,*Corn Tortillas,Mandarins,Peas & Carrots,Ground Beef	Pretzels,Apple Juice	Whole Milk,Lowfat Milk,*Shell Pasta,Apples,Mixed Vegetable,Pinto Beans
Friday (18)	Whole Milk,Lowfat Milk,Pancakes,Pineapple	Whole Milk,Lowfat Milk,Dinner Rolls,Potatoes,Green Beans,Ground Turkey	Graham Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Applesauce,Celery,Cheese
Monday (21)	Whole Milk,Lowfat Milk,*Wheaties,Strawberries	Whole Milk,Lowfat Milk,*Bread,Apples,Corn,Ground Beef	Pretzels,Apple Juice	Whole Milk,Lowfat Milk,*Macaroni Pasta,Mandarins,Mixed Vegetable,Beef Franks

Only 100% juice served.

Whole Milk=1yrs only Lowfat/Skim Milk= 2yrs and over

(*) = Meets Whole Grain Rich Requirement

This institution is an equal opportunity provider.

2024-09-25 01:23:07 pm

**Masterpiece Christian Academy
October 2024 Monthly Menu**

Day	Breakfast	Lunch	PM Snack	Supper
Tuesday (22)	Whole Milk,Lowfat Milk,Flour Tortillas,Pinto Beans,Eggs	Whole Milk,Lowfat Milk,Rice,Watermelon,Pinto Beans,Beef Stew Meat	Saltine Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Penne Pasta,Grapes,Cucumbers,Yogurt
Wednesday (23)	Whole Milk,Lowfat Milk,*Rice Cakes,Bananas	Whole Milk,Lowfat Milk,*Bread,Potatoes,Peas & Carrots,Chicken Drumsticks	*Goldfish Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Fruit, Mixed,Celery,Cheese,
Thursday (24)	Whole Milk,Lowfat Milk,Blueberries,Yogurt	Whole Milk,Lowfat Milk,*Macaroni and Cheese,Mangoes, Tomatoes,Fish	Ritz Crackers,Apple Juice	Whole Milk,Lowfat Milk,Dinner Rolls,Raisins,Broccoli,Chicken Breasts
Friday (25)	Whole Milk,Lowfat Milk,Pancakes,Applesauce	Whole Milk,Lowfat Milk,*Rotini Pasta,Grapes,Green Beans,Ground Beef	*Graham Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Pickles,Tomatoes,Tuna
Monday (28)	Whole Milk,Lowfat Milk,Waffles,Bananas	Whole Milk,Lowfat Milk,Fideo,Raisins,Peas,Chicken Drumsticks	Animal Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Strawberries,Corn,Ground Turkey
Tuesday (29)	Whole Milk,Lowfat Milk,*Corn Chex,Apples	Whole Milk,Lowfat Milk,*Corn Tortillas,Fruit Cocktail,Ranch Style Beans,Enchiladas	Pretzels,Apple Juice	Whole Milk,Lowfat Milk,*Shell Pasta,Mandarins,Mixed Vegetable,Cheese
Wednesday (30)	Whole Milk,Lowfat Milk,French Toast,Cantaloupe	Whole Milk,Lowfat Milk,*Bread,Potatoes,Mixed Vegetable,Ground Beef,Meatballs	Cheez-it,Apple Juice	Whole Milk,Lowfat Milk,*Penne Pasta,Broccoli,Carrots,Yogurt
Thursday (31)	Whole Milk,Lowfat Milk,Potatoes,Eggs	Whole Milk,Lowfat Milk,*Macaroni and Cheese,Applesauce,Mixed Vegetable,Fish	*Goldfish Crackers,Apple Juice	Whole Milk,Lowfat Milk,Flour Tortillas,Apples,Cucumbers,Pinto Beans

Only 100% juice served.

Whole Milk=1yrs only Lowfat/Skim Milk= 2yrs and over

(*) = Meets Whole Grain Rich Requirement

This institution is an equal opportunity provider.

2024-09-25 01:23:07 pm