



# February Newsflutter 2025

## WORDS FROM OUR DIRECTOR

Hello February!

This month our little ones will be learning about the two greatest commandments. "You must love the Lord your God with all your heart, all your soul, and all your mind." This is the first and greatest commandment.' A second is equally important: 'Love your neighbor as yourself.'" Matthew 22:39

May we be a school who always loves God and loves others just as Christ loved us.

WE LOVE BECAUSE HE FIRST LOVED US.

1 JOHN 4:19 (NIV)



## UPCOMING EVENTS

Feb. 3: 100th Day  
Celebration

Feb. 7: Jersey Day (Wear  
your favorite Jersey)

Feb. 10: NO SCHOOL

Feb. 14: Valentine's Day  
Party!

Feb. 17th: President's Day

Feb. 28th: Royal Ball



## Happy BIRTHDAY

Mrs. Olga (6)

Zion M. (8)

Valentina V. (11)

Rose R. (13)

Aria G. (21)

Benicio F. (25)

### 3 Ideas for

## Teaching Kids About Emotions



### Feelings ID.

Generate a list of feelings (start with basics like *happy* or *sad* before more complex feelings, such as *excited* or *surprised*). Identify these feelings as good or not so good. Conduct a follow-up discussion where children can give an example.



### Read & Learn.

Choose a book about feelings to share with children. Be sure to point out all the actions or ways in which the characters behave when they're acting on their feelings.



### Feeling Wheel Game.

Create a spinning wheel that features different feeling faces. Give each child a chance to spin. Ask them to identify the feeling and talk about an incident that made them feel that emotion.

