

**Masterpiece Christian Academy  
March 2023 Monthly Menu**

<b>Day</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>	<b>Supper</b>
<b>Wednesday (1)</b>	Whole Milk,Lowfat Milk,*Bagels,Blueberries	Whole Milk,Lowfat Milk,Dinner Rolls,Peaches,Broccoli,Chicken Fajitas	*Cheerios,Bananas	Whole Milk,Lowfat Milk,Rice,Apples,Cucumbers,Ground Beef
<b>Thursday (2)</b>	Whole Milk,Lowfat Milk,Biscuit,Apples	Whole Milk,Lowfat Milk,*Rotini Pasta,Mandarins,Green Beans,Ground Beef	*Rice Cakes,Apple Juice	Whole Milk,Lowfat Milk,Rice,Pears,Carrots,Eggs
<b>Friday (3)</b>	Whole Milk,Lowfat Milk,*Pancakes,Pineapple	Whole Milk,Lowfat Milk,*Bread,Sweet Potatoes,Cauliflower,Chicken Drumsticks	Raisins,Yogurt	Whole Milk,Lowfat Milk,Flour Tortillas,Apples,Pinto Beans,Cheese
<b>Monday (6)</b>	Whole Milk,Lowfat Milk,*Cheerios,Bananas	Whole Milk,Lowfat Milk,*Bread,Peaches,French Fries,Chicken Nuggets	Animal Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Grapes,Green Beans,Ground Turkey
<b>Tuesday (7)</b>	Whole Milk,Lowfat Milk,*Rice Cakes,Apples	Whole Milk,Lowfat Milk,*Spaghetti,Bananas,Mixed Vegetable,Ground Beef	Club Crackers,Apple Juice	Whole Milk,Lowfat Milk,Fideo,Carrots,Ranch Style Beans,Yogurt
<b>Wednesday (8)</b>	Whole Milk,Lowfat Milk,Corn Flakes,Strawberries	Whole Milk,Lowfat Milk,Rice,Pears,Broccoli,Ground Turkey	*Goldfish Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Fruit Cocktail,Celery,Cheese,Grilled Cheese Sandwich
<b>Thursday (9)</b>	Whole Milk,Lowfat Milk,Waffles,Peaches	Whole Milk,Lowfat Milk,*Nachos,Applesauce,Pinto Beans,Ground Beef	Pretzels,Apple Juice	Whole Milk,Lowfat Milk,*Shell Pasta,Apples,Mixed Vegetable,Pinto Beans
<b>Friday (10)</b>	Whole Milk,Lowfat Milk,*Pancakes,Pineapple	Whole Milk,Lowfat Milk,Dinner Rolls,Corn,Potatoes,Ground Turkey	Graham Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Applesauce,Celery,Chicken Fajitas
<b>Monday (13)</b>	Whole Milk,Lowfat Milk,*Wheaties,Bananas	Whole Milk,Lowfat Milk,*Bread,Apples,Corn,Ground Beef	Graham Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Macaroni Pasta,Apples,Mixed Vegetable,Beef Franks
<b>Tuesday (14)</b>	Whole Milk,Lowfat Milk,Flour Tortillas,Pinto Beans,Eggs	Whole Milk,Lowfat Milk,*Bread,Potatoes,Peas & Carrots,Chicken Drumsticks	Saltine Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Penne Pasta,Grapes,Cucumbers,Yogurt
<b>Wednesday (15)</b>	Whole Milk,Lowfat Milk,Rice Krispies,Bananas	Whole Milk,Lowfat Milk,Rice,Cantaloupe,Pinto Beans,Beef Stew Meat	*Goldfish Crackers,Apple Juice	Whole Milk,Lowfat Milk,Rice,Grapes,Zucchini,Chicken Fajitas,
<b>Thursday (16)</b>	Whole Milk,Lowfat Milk,*Bread,Blueberries,Eggs	Whole Milk,Lowfat Milk,*Macaroni and Cheese,Mangoes,Tomatoes,Chicken Breasts	Ritz Crackers,Apple Juice	Whole Milk,Lowfat Milk,Alphabet Pasta,Raisins,Ranch Style Beans,Cheese
<b>Friday (17)</b>	Whole Milk,Lowfat Milk,*Pancakes,Strawberries	Whole Milk,Lowfat Milk,*Rotini Pasta,Grapes,Green Beans,Ground Beef	*Rice Cakes,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Pickles,Tomatoes,Cheese
<b>Monday (20)</b>	Whole Milk,Lowfat Milk,Waffles,Bananas	Whole Milk,Lowfat Milk,*Macaroni and Cheese,Applesauce,Mixed Vegetable,Fish	Animal Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Raisins,Corn,Ground Turkey
<b>Tuesday (21)</b>	Whole Milk,Lowfat Milk,*Corn Chex,Apples	Whole Milk,Lowfat Milk,*Corn Tortillas,Raisins,Ranch Style Beans,Enchiladas	Pretzels,Apple Juice	Whole Milk,Lowfat Milk,*Shell Pasta,Mandarins,Mixed Vegetable,Pinto Beans

Only 100% juice served.

Whole Milk=1yrs only Lowfat/Skim Milk= 2yrs and over

(\*) = Meets Whole Grain Rich Requirement

This institution is an equal opportunity provider.

2023-03-20 02:52:51 pm

**Masterpiece Christian Academy  
March 2023 Monthly Menu**

<b>Day</b>	<b>Breakfast</b>	<b>Lunch</b>	<b>PM Snack</b>	<b>Supper</b>
<b>Wednesday (22)</b>	Whole Milk,Lowfat Milk,French Toast,Bananas	Whole Milk,Lowfat Milk,Rice,Fruit Cocktail,Mixed Vegetable,Ground Beef,Meatballs	Cheez-it,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Grapes,Zucchini,Chicken Fajitas
<b>Thursday (23)</b>	Whole Milk,Lowfat Milk,Potatoes,Eggs	Whole Milk,Lowfat Milk,*Penne Pasta,Broccoli,Carrots,Yogurt,Alfredo	*Goldfish Crackers,Apple Juice	Whole Milk,Lowfat Milk,Flour Tortillas,Apples,Cucumbers,Pinto Beans
<b>Friday (24)</b>	Whole Milk,Lowfat Milk,*Pancakes,Peaches	Whole Milk,Lowfat Milk,Fideo,Raisins,Peas,Chicken Drumsticks	Club Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Pears,Corn,Beef Franks
<b>Monday (27)</b>	Whole Milk,Lowfat Milk,*Bread,Peaches,Eggs	Whole Milk,Lowfat Milk,*Bread,Potatoes,Corn,Ground Turkey	Ritz Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Macaroni and Cheese,Peaches,Celery,Chicken Nuggets
<b>Tuesday (28)</b>	Whole Milk,Lowfat Milk,Rice Krispies,Strawberries	Whole Milk,Lowfat Milk,Alphabet Pasta,Grapes,Ranch Style Beans,Ground Beef	Animal Crackers,Apple Juice	Whole Milk,Lowfat Milk,*Bread,Grapes,French Fries,Beef Franks
<b>Wednesday (29)</b>	Whole Milk,Lowfat Milk,*Bagels,Blueberries	Whole Milk,Lowfat Milk,Dinner Rolls,Peaches,Broccoli,Chicken Fajitas	*Cheerios,Bananas	Whole Milk,Lowfat Milk,Rice,Apples,Cucumbers,Ground Beef
<b>Thursday (30)</b>	Whole Milk,Lowfat Milk,Biscuit,Apples	Whole Milk,Lowfat Milk,*Rotini Pasta,Mandarins,Green Beans,Ground Beef	*Rice Cakes,Apple Juice	Whole Milk,Lowfat Milk,Rice,Pears,Carrots,Eggs
<b>Friday (31)</b>	Whole Milk,Lowfat Milk,*Pancakes,Pineapple	Whole Milk,Lowfat Milk,*Bread,Sweet Potatoes,Cauliflower,Chicken Drumsticks	Raisins,Yogurt	Whole Milk,Lowfat Milk,Flour Tortillas,Apples,Pinto Beans,Cheese

Only 100% juice served.

Whole Milk=1yrs only Lowfat/Skim Milk= 2yrs and over

(\*) = Meets Whole Grain Rich Requirement

This institution is an equal opportunity provider.

2023-03-20 02:52:51 pm